



It is not I, but the Christ within who does the work.

Silent Unity

Prayer Service

August 2012

We prayerfully gather now to rest in an awareness of God and the goodness of the Universe. Let's take a deep cleansing breath and turn to the sacred center of peace within us. During this time of prayer and meditation, we center our attention on the unlimited power of Spirit. We open our minds and hearts and are filled with faith and love, knowing that with God all things are possible ... ≈

Peace is my true nature.

I breathe deeply and allow the peace within me to soothe and calm my mind and emotions. In this moment, I set aside any concerns and open my entire being to the activity of Spirit. Here there is only peace ... there is only love ... there is only God. I welcome the serenity of the moment, and quietly let go of everything else, in the Silence ... ≈

God in the midst of me is wisdom and intelligence.

As I focus on God's presence within me, I tap into a wellspring of divine ideas that provide the answers I seek. I welcome each idea with joy and with the certainty that I have all I need to achieve it. I listen for the still small voice within me. With a heart full of love and purpose, I am attuned to Spirit in the Silence ... ≈

The healing light and life of God flow through me now.

As I pray, I am blessed with a renewed sense of well-being. I feel the assurance of God's life with every beat of my heart, with every breath I take. I direct my attention to any area of my being that may need loving attention, and I bless it. My mind, body and emotions are in perfect harmony with the gentle flow of divine life. I rest in an awareness of the ever-present life of Spirit within me, in the Silence ... ≈

All good flows from God,
and I am open to receive it.

God has created me for an abundant and joyful life. In prayer, I invite the unlimited blessings of Spirit into my experiences. My heart and mind are vibrantly aware that it is the "Father's good pleasure" to give me the Kingdom—experiences and ideas that promote abundant good. I give thanks to Spirit for a life of purpose, possibilities and plenty, in the Silence ... ≈

Drawing from Divine Love within,
I am a peacemaker.

Prayer heightens my awareness of the oneness and wonder all around me. I am a radiating center of God's love, an instrument of God's peace. My thoughts, words and actions reflect my intentions for peace. I welcome opportunities to be compassionate and to be an agent for good in the world. I let the soothing peace of Spirit move in and through me in the Silence ... ≈

As we bring this prayer experience to a close, we know that the inner peace, guidance, health, prosperity and world peace we have affirmed are an abiding reality within and around us. We give thanks for the sacred time we have shared and resume our daily activities with joy and enthusiasm. And so it is ... Amen.

Let us conclude by affirming our "Prayer for Protection":

**The light of God surrounds us;
The love of God enfolds us;
The power of God protects us;
The presence of God watches over us.
Wherever we are, God is!**

For loving prayer support, night or day, call or write:

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Note: ≈ indicates a pause.